# MEDICAL UPDATE – CORONAVIRUS (COVID-19) Situation Report #8



# March 11, 2020

### CURRENT STATISTICS AND UPDATES: (New information indicated in red.)

- There are now 125,200+ cases of COVID-19, with 4601 confirmed deaths, which is a fatality ratio of 3.7%.
- Of the 125,200+ cases 80,900+ or 64.7% have occurred in China.
- One hundred and seventeen countries other than China have reported cases of coronavirus. There are a total 44,237 cases in these countries.
- Two new countries reported cases in the past 24 hours; French Polynesia and Honduras.
- The United States is now reporting 1192 cases of COVID-19 in 42 states, one district and one territory. This is an increase of 178 cases, 37 deaths and five additional states in 24 hours.
  - Arkansas reported its first case today.
  - Delaware reported its first case today.
  - Michigan reported its first two cases today.
  - Mississippi reported its first case today.
  - New Mexico reported its first case today.
- The Grand Princess cruise ship remains docked in Oakland. According to California Governor Gavin Newsom, the process for disembarkation is going slowly and as of Tuesday night 1406 passengers have left the ship. Newsom said that about 100 passengers per hour are being processed. Passengers not requiring hospitalization are being transferred to military bases in California, Texas and Georgia to complete 14-day quarantine periods.
- Italy experienced a 30% increase in mortality in the last 24 hours, rising to 827 deaths.

### WORLD HEALTH ORGANIZATION DECLARATION:

- WHO Director-General Dr. Tedros Adhanom Ghebreyesus announced today that WHO is now characterizing COVID-19 as a pandemic.
- The decision was made due to the fact that in the past 2 weeks the number of cases outside of China has increased 13-fold and the number of countries affected has tripled.
- Tedros stated "Describing the situation as a pandemic doesn't change WHO's assessment of the threat posed by the virus. It doesn't change what WHO is doing, and it doesn't change what countries should do. Even those countries with community transmission or large clusters can turn the tide on this virus. Several countries have demonstrated that this virus can be suppressed and controlled. The challenge for many countries that are now dealing with large clusters or community transmission is not whether they can do the same, it's whether they will."

### **PRESIDENTIAL ADDRESS:**

President Trump addressed the nation tonight to make the following announcements:

- He signed a Presidential Proclamation which suspends the entry of most foreign nationals who have been in certain European countries at any point during the 14 days prior to their scheduled arrival to the United States.
- These countries, known as the Schengen Area, include Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, and Switzerland.
- This restriction does not apply to legal permanent residents, immediate family members of U.S. citizens, and other individuals who are identified in the proclamation.
- President Trump said he would suspend most travel from Europe starting Friday at midnight. The 30-day restriction will not apply to U.S. permanent residents and will not affect travel from Britain. The ban also does not extend to trade.

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### CDC UPDATE:

CDC has identified the people at highest risk of serious illness from coronavirus and the special precautions that they should take to prevent contracting the virus. People who fall in the high-risk population group include:

- Older adults:
  - People over 60 are at increased risk.
  - People over 80 are at highest risk.
- People with heart disease.
- People with lung disease.
- People with diabetes.
- People with diseases of the immune system.

Routine precautions for those at increased risk include:

- Avoid contact with anyone who is sick or displays symptoms of illness. •
- Avoid handshaking.
- Wash your hands often. Soap and water are always preferable. When not possible, use waterless hand cleaner with at least 60% alcohol content. Apply to all surfaces of the hands and allow to air dry.
- Avoid touching your face when possible and always wash your hands before touching your face. •
- To the extent possible, avoid touching "high touch" surfaces in public, such as door handles, elevator buttons, ٠ handrails, etc. Use a tissue or your sleeve if these surfaces must be touched. Wash your hands afterwards.
- Clean and disinfect "high touch" surfaces in your home such as doorknobs, light switches, handles, faucets, toilets, ٠ sinks, cell phones, remote controls, desks, tables.
- Avoid crowds, especially in poorly ventilated areas. •
- Avoid all non-essential travel including plane trips, and especially avoid embarking on cruise ships. •

Be prepared that if a large cluster of cases occurs in your community it may be advisable for you to stay home, so you should think about what you would need to have on hand. Some preparations might include:

- Have enough household supplies and non-perishable groceries on hand in case you need to stay home for a ٠ prolonged period of time.
- Speak with your healthcare provider about having extra supplies of your prescription and over-the-counter medications on hand.
- Have a plan for someone who could help you with your care if needed.
- Have contact phone numbers and email addresses available so that you can stay in touch with others if you must stay home for a prolonged period of time.

Below is a link to the CDC website page with more information about preparations for high-risk populations:

### https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html

CONFIRMED CASES	S BY COUNTRY				
Country	Confirmed Cases	Deaths	Country	Confirmed Cases	Deaths
China (All)	80,966	3,162	Lebanon	52	2
Afghanistan	5	0	Liechtenstein	1	0
Albania	12	1	Lithuania	3	0
Algeria	20	0	Luxembourg	7	0
Andorra	1	0	Malaysia	129	0
Argentina	19	1	Maldives	8	0
Armenia	1	0	Malta	6	0
Australia	128	3	Martinique	3	0
Austria	206	0	Mexico	8	0
Azerbaijan	11	0	Moldova	3	0
Bahrain	189	0	Monaco	1	0
Bangladesh	3	0	Mongolia	1	0

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1		1			
Belarus	9	0	Morocco	5	1
Belgium	314	1	Nepal	1	0
Bhutan	1	0	Netherlands	485	5
Bolivia	2	0	New Zealand	5	0
Bosnia	7	0	Nigeria	2	0
Brazil	34	0	North Macedonia	7	0
Brunei	6	0	Norway	448	0
Bulgaria	6	1	Oman	18	0
Burkina Faso	2	0	Pakistan	19	0
Cambodia	3	0	Palestine	29	0
Cameroon	2	0	Panama	8	1
Canada	95	1	Paraguay	5	0
Chile	13	0	Peru	11	0
Colombia	3	0	Philippines	49	1
Congo (DRC)	1	0	Poland	27	0
Costa Rica	22	0	Portugal	51	0
Croatia	14	0	Qatar	262	0
Cyprus	2	0	Romania	31	0
Czech Republic	66	0	Russian Federation	20	0
Denmark	592	0	San Marino	<u>62</u>	1
Dominican					
Republic	5	0	Saudi Arabia	21	0
Ecuador	17	0	Senegal	4	0
Egypt	59	1	Serbia	12	0
Estonia	<u>13</u>	0	Singapore	178	0
Faro Islands	2	0	Slovakia	1/8	0
Finland	58	0	Slovenia	44	0
France	2,289	49	South Africa	13	0
French Guiana	5	0	South Korea	7,755	60
	1			2,207	49
French Polynesia	23	0	Spain Sri Lanka		
Georgia		0	Sri Lanka	2	0
Germany	1,908	3	St. Martin	2	0
Gibraltar	1	0	Sweden	484	1
Greece	95	0	Switzerland	491	3
Honduras	2	0	Thailand	62	2
Hungary	12	0	Togo	1	0
Iceland	85	0	Tunisia	6	0
India	63	1	Turkey	1	0
Indonesia	34	1	Ukraine	1	0
Iran	9,000	358	United Arab	74	0
			Emirates		
Iraq	70	6	United Kingdom	384	8
Ireland	43	1	United States	1,192	37
Israel	84	0	Vatican City	1	0
Italy	12,462	827	Vietnam	42	0
Jamaica	1	0			
Japan	1,279	13			
Jordan	1	0			
Kuwait	72	0			
Latvia	10	0			
TOTAL CASES	125,203		TOTAL DEATHS	4,601	

Red denotes either increase in cases, or cases in a new country.

\* Japan case number includes patients from Diamond Princess.

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State	Confirmed Cases	24 Hr. Increase	Deaths	State	Confirmed Cases	24 Hr. Increase	Deaths
Arizona	9	0	0	New Jersey	23	8	1
Arkansas	1	1	0	New York	213	40	0
California	185	7	4	North Carolina	7	0	0
Colorado	33	13	0	Oklahoma	2	0	0
Connecticut	3	1	0	Ohio	4	1	0
Delaware	1	1	0	Oregon	18	4	0
District of Columbia	10	4	0	Pennsylvania	16	4	0
Florida	23	0	2	Puerto Rico	1	0	0
Georgia	22	5	0	Rhode Island	5	0	0
Hawaii	2	0	0	South Carolina	10	1	0
Illinois	25	6	0	South Dakota	8	3	1
Indiana	11	5	0	Tennessee	8	1	0
lowa	13	0	0	Texas	32	3	0
Kansas	1	0	0	Utah	3	0	0
Kentucky	8	0	0	Vermont	1	0	0
Louisiana	6	3	0	Virginia	9	1	0
Maryland	9	0	0	Washington	333	54	29
Massachusetts	92	0	0	Wisconsin	3	0	0
Michigan	2	2	0				
Minnesota	5	2	0				
Mississippi	1	0	0				
Missouri	1	0	0				
Nebraska	18	2	0				
Nevada	7	3	0				
New Hampshire	5	0	0				
New Mexico	3	3	0				
TOTAL CASES	1192		TOTAL INCREASE	178	TOTAL DEATHS	37	

\*Red denotes either an increase in cases, or cases in a new state.

#### **REGIONAL CHART**

Region	Confirmed Cases	Deaths
Canada	95	1
Europe	22632	941
United Kingdom	384	8
TOTALS	<b>23,111</b>	950

\*Red denotes an increase in cases.

### **PROTECTIVE ACTIONS:**

#### U.S. Government:

• The U.S. State Department announced that it has suspended all non-essential travel by staff and will only permit mission-critical trips.

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• The State Department will change to a video conference format for the planned meeting of foreign ministers of G-7 countries scheduled for next month.

California:

• San Francisco Public Health Officials announced that they are banning public and private events with 1000 or more attendees.

Washington D.C.:

- DC Department of Public Health has recommended that non-essential conferences and conventions with over 1000 planned attendees be postponed or canceled.
- They also recommended that any social, cultural, or entertainment events where large crowds are anticipated be reconsidered by the organizer. This recommendation is in effect through March 31.

Washington State:

- As part of a social distancing strategy, Governor Jay Inslee announced that he is banning gatherings of 250 or more in King, Snohomish and Pierce counties, and may extend the order to additional counties.
- Seattle public schools will be closed beginning Thursday, March 12 and remain closed for a minimum of 2 weeks.
- No plans are in place for widespread school closures, however Governor Inslee has asked school districts to make contingency plans.

Germany

- In her first public appearance to address the epidemic, Chancellor Angela Merkel said that her government was following the advice of medical experts. She urged citizens to do the same.
- All large cultural performances in Berlin, Munich and elsewhere and major events such as many soccer games, have either been canceled or will take place without spectators.

India:

- India has suspended almost all visas and closed its border with Myanmar. Exemptions include diplomatic and official visas as well as employment visas.
- Incoming visitors including Indian nationals, who arrive having visited China, France, Germany, Iran, Italy, South Korea, or Spain after February 15 will be quarantined for at least 14 days.

Italy:

• The Italian government has ordered all businesses in the country except grocery stores and drug stores to close, further tightening its nationwide lockdown.

Sports and Entertainment:

- Multiple late-night television shows are taping episodes without audiences in order to reduce the coronavirus risk.
- The NBA said it is "suspending game play following the conclusion of tonight's schedule of games until further notice." The decision came after a player on the Utah Jazz was said to have preliminarily tested positive for COVID-19.

State	State of Emergency	Public Health Emergency	School Closures*	Govt. Office Closures*	
California	Yes	Yes	Yes	No	
Colorado	Yes	No	No	No	
Connecticut	Yes	No	No	No	
Florida	Yes	Yes	Yes	No	
Hawaii	Yes	No	No	No	
Illinois	Yes	No	No	No	
Indiana	No	Yes	No	No	
lowa	Yes	No	No	No	
Kentucky	Yes	No	No	No	
Maryland	Yes	Yes	No	No	

### **U.S. PROTECTIVE ACTIONS:**

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Massachusetts	Yes	No	No	No
Michigan	Yes	Νο	No	No
New Jersey	Yes	No	No	No
New York	Yes	No	No	No
North Carolina	Yes	No	No	No
Ohio	Yes	No	No	No
Oregon	Yes	No	No	No
Pennsylvania	Yes	No	No	No
Rhode Island	Yes	No	No	No
Utah	Yes	No	No	No
Washington	Yes	Yes	Yes	No
Washington DC	Yes	Yes	No	No

\*Governmental/Civil authority closures related to coronavirus are individual locations and do not suggest regional or districtwide closures and may be temporary.

\*Due to the fluid and localized nature of school closings this chart reflects statewide information only. It is recommended that you use the information for planning and not verbatim and verify status with local school districts for applicability.

#### TRAINING SCENARIO FOR BUSINESSES:

- The document attached to this email accesses a scenario which can be used in a variety of methods to stimulate discussion, identify gaps in knowledge and guide policy development. You may wish to post it for employee consideration or discuss it briefly at staff meetings or team huddles.
- The next training scenario will be attached to the report issued on Sunday evening.

#### **TRAVEL RESTRICTIONS:**

- The CDC has issued the following travel guidance and risk assessment related to COVID-19.
- The levels of risk assessment were added to the travel guidelines.

	Travel Guidance			Risk Assessment			]
Country	Level 1	Level 2	Level 3	Widespread/ Sustained Restrictions	Widespread/ Sustained	Sustained	Limited
China			✓	✓			
Hong Kong	✓						✓
Iran			✓	✓			
Italy			$\checkmark$		✓		
Japan		✓				✓	
South Korea			$\checkmark$		$\checkmark$		

- Level 3: Warning Avoid Nonessential Travel
- Level 2: Alert Practice Enhanced Precautions
- Level 1: Watch Practice Usual Precautions
- Widespread sustained community transmission and restrictions on entry to the United States
- Widespread sustained community transmission
- Limited community transmission
- Limited community transmission

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The U.S. Department of State has issued the following travel advisories related to COVID-19:

- China: Level 4: Do Not Travel.
- Hong Kong: Level 2: Exercise Increased Caution.
- Iran: Level 4: Do Not Travel
- Italy: Level 3: Reconsider Travel.
- Japan: Level 2: Exercise Increased Caution.
- South Korea: Level 3: Reconsider Travel.

The CDC and the U.S. Department of State have posted new recommendations regarding cruise ship travel, regardless of destination. The CDC typically posts travel health notices only for countries and international destinations, not for conveyances such as ships, planes, or trains. However, because of the unusual nature of the novel coronavirus outbreak the CDC and the U.S. Department of State are advising travelers, particularly those with underlying health issues, to defer all cruise ship travel.

The links below will provide additional information to recommendations from both agencies:

https://wwwnc.cdc.gov/travel/page/covid-19-cruise-ship

https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-specialconsiderations/cruise-ship-passengers.html

Note: All information contained in this report is compiled from multiple regulatory agency sources including the Centers for Disease Control and Prevention, World Health Organization, U.S. Department of State, National Institutes of Health and U.S. Department of Health and Human Services. The facts and data presented in this report are the most up-to-date available at the time of release.

Protective actions are subject to moment-by-moment change by local and state officials.

Situation Reports will be issued Sunday through Friday evenings. Additional reports will be generated as conditions warrant.

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